



Basic Table Manners

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Everybody should get to know some basic table manners since they allow us to show our respect to the meal's host. Here are some simple rules everyone should follow when they are taking part in a dinner



Rule #1 Starting to eat:

Even if you are served first you should not start to eat until everyone has a plate and is ready



Rule #2 Utensiles:

When we are holding a knife and a fork, the knife always goes on the right hand and the fork on the left one. Never lick or play with the silverware while at the table. When you have finished your food leave the knife and the fork parallel to each other



Rule #3 Napkin

When you sit at the table, don't forget to place the napkin on your knees and wipe your lips discreetly. Only leave the napkin on the table once you have finished your plate.



Rule number #4
Body positioning:

When sitting at a table, your back should always be straight, your hands should never touch the table and you should always sit right in front of your plate.



Rule #5 Mobile phones:

Whilst you are eating you should never leave your mobile phone next to your plate, unless you are waiting for an urgent call. If this happens you should say "excuse me" and politely leave the table to take the call



Rule number #6 Refill:

When you want to refill your beverage, do not wave your glass in the air, instead push it gently towards the host. When you fill like you have enough, nod politely instead of pulling away your glass or trying to cover it



Rule number
#7 Far away plates:

When a plate is out of reach, do not try to reach it by bending over the table, instead ask for it politely



Rule number #8
Finishing your plate:

When you have finished with your food do not push the plate in front of you or retire your plate before everyone else has finished too. To signalise that you are done simply leave your fork and spoon parallel to each other

In conclusion, what really characterises a polite and respectable man is the way he treats the ones responsible for his meal, either the hosts or waiters. They are there so we can enjoy our time, and it is crucial we respect the time and effort they went through for our well-being.

Thank you for your time

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